



Sterling Academy of Dance Schedule 2010-2011

<i>Day</i>	<i>Time</i>	<i>Age</i>	<i>Class</i>	<i>Gym</i>
Monday	4-5p	4-5	Ballet Tumble	4:30-5p
	5-6p	4-5	Hip Hop (Jazz) Tumble	4:30-5p P
	5:30-6:30p	6-8	Tap	
	6-7p	6-8	Hip Hop	
	6:30-7:30p	9-12	Hip Hop II	
	7-8p	9-12	Intro to Ballet Jazz	
	7:30-8:30p	13+	Tap	

Tuesday	11-12p	3-4	TRIO (50 mins)	
	12-1p	17+	Urban Dance	
	3-4p	4-5	Tap Tumble	3:30-4p
	4-5:30p	6-8	Hip Hop Aerials	5-5:30p
	5-6p	8+	Breaking 101	
	5-6p	9-12	Ballet	
	6-7p	8+	Breaking 202	
	6-7:30p	6-8	TRIO	
6:30-8p	9-12	Hip Hop Aerials	6:30-7p	

Wednesday	12-1p	17+	Adult Dance Fitness	
	4-5p	3-4	TRIO (50 mins)	
	5-6p	6-8	Jazz	
	5:30-7p	5-7	TRIO	
	6-7p	13+	Hip Hop	
	7-8p	Adult	Hip Hop	

Thursday	4-5p	4-5	Jazz Tumble	4:30-5p P
	5-6p	4-5	Ballet Tumble	4:30-5p P
	5:30-6:30p	4-5	Jazz Tap	
	6-7p	9-12	Jazz	
	6:30-7:30p	6-8	Hip Hop	
	7-8p	13+	Latin/ Hip Hop/ Jazz	

Friday	11-12p	3-4	TRIO (50 mins)	
	4-5p	5-7	Hip-Hop	
	5-6p	6-8p	Ballet	
	5:30-6:30p	9-12	Urban Tap	
	6:30-7:30p	9-12	Hip Hop	