

Wee Pea (6 - 12 MONTHS)

SWEET PEAS

Educational Gymnastics

Wee Peas
Class

Wed.

8:30 am

30 min.
class
w/parent

Carefully designed for babies learning to sit and crawl, Wee Peas provides our littlest scooters with active learning activities that focus on whole baby development. Wee Peas are given opportunities to move, reach, and grasp in a baby safe environment that is rich with color, sound and tactile experiences. Wee Peas learn to recognize their name in class and react to identifying themselves to the teacher. Wee Peas enjoy activities that promote visual tracking, core strength and balance needed for sitting and standing. The Wee Pea curriculum includes activities that promote grip strength and hand coordination in grasping and releasing objects. Objectives include activities that promote crossing the midline and bilateral awareness needed for crawling and walking. Wee Peas work on spatial awareness and positional comfort through gentle, developmentally appropriate rolling and

inversion exercises. Wee Peas also enjoy some of their first experiences in playing and learning with other babies and gain cornerstone lessons in social awareness through interacting with their Wee Pea friends! Wee Peas are in the golden first 12 months of life. There are amazing neural miracles taking place in this precious first year! Did you know... movements that involve crossing the midline encourage cognitive function? Cross lateral movements, for example, involve passing an object from the right hand to the left hand or using the right foot to step over the left foot. Cross lateral movements work both sides of the body in a balanced way and require coordinated movements of both eyes, both ears and both hands and/or feet. Cross lateral activities activate both hemispheres and all four lobes of the brain, heightening cognitive function and engaging learning processes.

Movement primes Wee Peas for learning. The Sweet Peas Educational Gymnastics Program is designed to provide fun and delightful cognitive and developmental opportunities in an active learning environment.

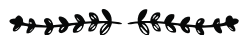


Only where children gather

is there any real

CHANCE OF FUN.

Mignon McLaughlin



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