

TWO Pea (2 Years)

SWEET Peas

Educational Gymnastics

Two year olds are AMAZING! Two Peas are gaining independence! The Two Peas program is designed to capitalize on the rapidly improving physical, cognitive and language development of two year olds. Two Peas provides large motor skill and gross motor skill development with whole body activities in developmentally appropriate circuits. Two Peas learn to run with developing synchronization; step, hold and balance on alternate feet; roll forward, sideways and backwards on a wedge with a spot; transfer weight from feet to hands and back. Two Peas play (or observe play); interactively s+tructured games with other low Two Peas classmates. They sing and perform physical motions to familiar songs. Two Peas are introduced to concepts of recognition, compare and contrast, and distinction through use of basic shapes in equipment and learning resources used in class. They begin to recognize colors through materials and activities in class; begin to recite numbers through counting or listening while performing physical motions; and increase language development through physical activities promoting word association.

Two Peas is designed to provide a multi-sensory educational gymnastics experience that prepares the Two Pea to engage his or her occipital lobes through experience with shape patterns and colors. The Two Peas' curriculum engages the Two Peas' temporal and frontal lobes and promotes higher cognitive processing through language, words and tone. . We know that the more regions of the brain we can engage in the process of learning, the more significant the impact on learning will be.

Our Two Pea goal is to provide fun, quality gymnastics activities that foster the important neural development of our amazing two year olds.



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Mon - 4:00pm

Tues - 10:15am & 5:15pm

Wed - 9:15am & 5:15pm

Thurs - 10:00am

Fri - 10:15am

30 min.
class
w/parent

Be somebody
who makes
everybody
feel like somebody