

9:30 am, 10:15 am, 11:00 am, 11:45 am, 1:15 pm, 2:00 pm

*limited space is available in each time slot. please email our front counter to reserve your preferred time slot. sterlinggym@gmail.com

IMPORTANT REMINDERS

- enrollment for Fall 2025 classes begins on June 1, 2025
- Sterling Gym will be closed the week of June 16-22
- Summer Camps & unlimited Summer classes begin the week of June 23.



